

Table A3. Exploratory Factor Analysis for Final Sleep Disturbance and Sleep Related Impairment, Child-Report.

Item	Item Bank	2 Factor Solution	
		Factor 1	Factor 2
Difficulty falling asleep	Sleep Disturbance	0.90	0.57
Easy to fall asleep	Sleep Disturbance	0.79	0.50
Worried about not being able to fall asleep	Sleep Disturbance	0.73	0.63
Trouble falling asleep because worried	Sleep Disturbance	0.71	0.64
Trouble stopping thoughts at bedtime	Sleep Disturbance	0.74	0.55
Trouble falling asleep could not get comfortable	Sleep Disturbance	0.76	0.57
Took long time to fall asleep	Sleep Disturbance	0.91	0.60
Slept through the night	Sleep Disturbance	0.73	0.55
Woke up at night and worried about not going back to sleep	Sleep Disturbance	0.78	0.58
Woke up at night and had trouble falling back to sleep	Sleep Disturbance	0.81	0.58
Woke up too early and could not fall back asleep	Sleep Disturbance	0.71	0.46
Tossed and turned at night	Sleep Disturbance	0.74	0.57
Slept poorly	Sleep Disturbance	0.87	0.71
Problem with sleep	Sleep Disturbance	0.84	0.73
Trouble sleeping	Sleep Disturbance	0.91	0.70
Sleepy during the daytime	Sleep Related Impairment	0.57	0.85
Trouble staying awake during the day	Sleep Related Impairment	0.58	0.89
Hard time concentrating because sleepy	Sleep Related Impairment	0.63	0.83

Item	Item Bank	2 Factor Solution	
		Factor 1	Factor 2
Bad mood because sleepy	Sleep Related Impairment	0.65	0.84
Got mad easily because sleepy	Sleep Related Impairment	0.64	0.83
Trouble controlling feelings because sleepy	Sleep Related Impairment	0.64	0.79
Still felt sleepy when woke up	Sleep Related Impairment	0.59	0.67
Hard time getting things done because sleepy	Sleep Related Impairment	0.66	0.88
Problems during the day because of poor sleep	Sleep Related Impairment	0.68	0.92
Hard to have fun because sleepy	Sleep Related Impairment	0.70	0.85
Trouble sitting still because sleepy	Sleep Related Impairment	0.61	0.83
Could not keep eyes open during the day	Sleep Related Impairment	0.53	0.86
Daytime activities disturbed by poor sleep	Sleep Related Impairment	0.69	0.87

igenvalues= 17.1; 2.2; 1.0; 0.8; 0.8; 0.7; 0.6; 0.5. Correlation between factors=0.68.