

APPENDICES

Appendix A. Curriculum of the PFPP

Title	Content	Presenter
Role of a mentors	Overview of PFPF, role of mentors, principles of mentoring	Program coordinator PFPF
CKD 101	Structure and function of a kidney, the major causes of kidney failure, and the major abnormalities caused by kidney-function loss	Nephrologist
Social & Economic Needs, and Community Resources	Resources that could help maintain an active lifestyle, meet financial needs & alleviate fears; support structure	Dialysis social worker
Choices	Mentees will have choices regarding lifestyle & treatment options. Tolerance & understanding of mentee viewpoints especially end-of-life decisions.	Dialysis nurse (Patient Modality Educator)
Renal Diet	The dietary requirements and restrictions of kidney disease	Renal dietician
Special Needs of the Elderly	Medical manifestations and psychological issues unique to the elderly	Nephrologist
Medical Team and Patient Responsibilities	Importance of the collaboration between the medical team and patient to achieve the best possible outcomes	Dialysis nurse practitioner
Kidney Transplant	Basic considerations of kidney transplant, knowledge of the donation process, surgical procedure, outcomes	Transplant surgeon
Special Needs of Children & Adolescents	Medical manifestations and psychological issues unique to children and adolescents	Pediatric nephrologist
Communication	Supportive listening and effective communication	Program coordinator
The Visits	Mentoring-skills practice in to ensure PFPF mentors are well prepared to provide emotional support	Dialysis social worker
The Family	Effect of CKD on the family and family relations	Program coordinator