

**12.5. RECOMMENDATION:**

**Should NURSES perform tubal ligation (post-partum and interval)?**

**Problem:** Poor access to contraception  
**Option:** Nurses performing tubal ligation  
**Comparison:** Care delivered by other cadres or no care  
**Setting:** Community/primary health care settings in LMICs with poor access to health professionals

Recommendation	<i>We recommend against the option</i>	<b><i>We suggest considering the option only in the context of rigorous research</i></b>	<i>We recommend the option</i>
	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<p>We suggest considering the option only in the context of rigorous research. This intervention should be evaluated where a well-functioning referral system is in place or can be put in place.</p> <p>The panel acknowledges the different methods of tubal ligation that may be relevant in this context.</p>		
<b>Justification</b>	<p>There is insufficient evidence on the effectiveness of this intervention. However, this intervention may be a cost-effective, acceptable and feasible approach to contraception and may also reduce inequalities by extending care to underserved populations.</p>		
<b>Implementation considerations</b>	<p>Not applicable</p>		
<b>Monitoring and evaluation</b>			
<b>Research priorities</b>	<p>Studies to assess the effects, acceptability and feasibility of nurses performing tubal ligation are needed</p>		